

**Nebraska Medicaid  
Home and Community-  
Based Services (HCBS)  
Aged and Disabled (AD)  
Waiver**

**SERVICES  
QUICK GUIDE**

*The Quick Guide is an introduction to services and may be used to decide which services to consider. Your Service Coordinator will explain services in more detail and discuss provider options.*

*Available services are based on your needs. A combination of services may be required to comply with program rules.*

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**2022**

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**NEBRASKA**

Good Life. Great Mission.

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DEPT. OF HEALTH AND HUMAN SERVICES



## **ADULT DAY HEALTH**

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Adult Day Health includes social activities, supervision, supportive services, meals, and health services provided in a licensed setting. You may need this service when you have physical, emotional, or cognitive impairments.

You may qualify when you are 18 years or older (19 in some situations) and need structured activities, support, and supervision. This is to assist you with your specific needs and diet as authorized.

## **ASSISTED LIVING**

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Assisted Living provides shelter, food, and other services, such as assistance with personal care activities, activities of daily living (ADL), instrumental activities of daily living (IADL), and health maintenance. Assisted living facilities are licensed through Public Health and regulated by Medicaid and Long Term Care (MLTC).

You pay the room and board and any applicable Medicaid share of cost.

## **ASSISTIVE TECHNOLOGY**

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Assistive Technology includes the purchase or rent of items, devices, or product systems to increase or maintain your ability to perform normal daily activities.

This service includes designing, fitting, adapting, and maintaining equipment, as well as training or technical assistance to use equipment. This service also includes an assessment to identify the type of assistive technology you need.

## **CHORE**

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Chore assists you to maintain your health and safety in your own home. Chore occurs less frequently than Companion.

Chore may include housekeeping activities such as in-home cleaning and care of household equipment, appliances, or furnishings; minor repairs of windows, screens, steps or ramps, furnishings, and household equipment; and landscaping. Landscaping includes snow and ice removal, mowing, raking, removing trash (to garbage pick-up point), pest remediation, and clearing water drains.

## **COMPANION**

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Companion is for adults ages 18 and older. It includes supervision and social supports provided in your home and possibly community settings. This service may include light housekeeping tasks, paying bills, errand service, essential shopping, food preparation, and laundry service.

## **EXTRA CARE FOR CHILDREN WITH DISABILITIES**

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Extra Care for Children with Disabilities provides specialized care for a child or youth with disabilities under the age of 18 years. Childcare is provided so the usual caregiver(s) can be employed or take training to help the family's earning power (such as earning a degree).

Care is provided in the child's home or in a setting approved by DHHS. This service must be more than two hours per week every week and average less than 12 hours per day.

## **HOME AGAIN**

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Home Again supports nursing facility residents to move to a more independent residence. You may qualify when over the age of 18 and a current nursing facility resident whose nursing facility services have been paid by Medicaid for at least three months.

This service includes non-recurring set-up expenses to move to a private residence, where you are responsible for your own living expenses. Items and services covered include essential furniture; security deposits for a lease; set-up fees or deposits for utilities; and accessibility adaptations.

## **HOME AND VEHICLE MODIFICATIONS**

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Home and Vehicle Modifications are physical changes made to a private residence, automobile, or van, to accommodate your special needs or improve your functioning.

## **HOME-DELIVERED MEALS**

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Home-delivered meals are delivered to your home, using sanitary utensils and equipment, maintaining proper food temperatures, and contain one-third of the minimum daily nutrition requirement for adults, using a variety of foods from day to day. You may qualify for home-delivered meals when you are unable to prepare your own meals.

## **INDEPENDENCE SKILLS BUILDING**

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Independence Skills Building teaches activities of daily living (ADL), instrumental activities of daily living (IADL), and home management to increase independence. It is provided in your home and community.

This service may include teaching tasks like bathing, dressing, eating, toileting, mobility, housekeeping, cleaning, using transportation, managing money, and shopping.

## **NON-MEDICAL TRANSPORTATION**

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Non-Medical Transportation provides transportation to and from community resources to help you continue living at your home.

## **PERSONAL CARE**

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Personal Care includes assistance with activities of daily living (ADL) and health-related tasks, and may include instrumental activities of daily living (IADL). It is provided in your home and community.

This service helps you accomplish tasks you would normally do for yourself if you did not have a disability.

## **PERSONAL EMERGENCY RESPONSE SYSTEM (PERS)**

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PERS is an electronic device used to help you contact someone in an emergency. The system is connected to your telephone and notifies a designated person or call center when you push a button.

## **RESPIRE**

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Respite is a short-term service you can use when you cannot care for yourself. Respite is temporary relief to the usual caregiver who lives with you. Your provider helps with activities of daily living, health maintenance, and supervision.

*For more information on these services, and to see which you qualify for, contact your Service Coordinator. Your services must be identified in your person-centered plan before a provider can be authorized to provide services for you.*